MULTISYSTEM INFLAMMATORY SYNDROME IN CHILDREN

BACKGROUND
Multisystem inflammatory syndrome in children (MIS-C), formerly known as pediatric multi-system inflammatory syndrome (PMIS), is a recently observed and relatively rare condition affecting the heart and other organs in children. While not yet fully understood, the condition may be linked to the Coronavirus Disease 2019 (COVID-19). The condition has been likened to Kawasaki disease and toxic shock syndrome. The condition is not believed to be contagious.

POTENTIAL SIGNS AND SYMPTOMS
• Fever (temperature of at least or greater than 100.4°F or 38°C) lasting multiple days
• Irritability, sluggishness, or confusion
• Difficulty eating or drinking
• Change in skin color—becoming pale, patchy, and/or blue
• Troubled or rapid breathing
• Racing heart or chest pain
• Lessened amount of and frequency in urine
• Abdominal pain, absent another explanation
• Diarrhea
• Vomiting
• Rash
• Red or pink eyes, also known as conjunctivitis
• Enlarged lymph node (“gland”) on one side of the neck
• Red, cracked lips or red tongue (may appear like a strawberry)
• Swollen hands and feet that may also show red discoloration

SEEKING HELP
Contact your medical provider with any questions and if your child presents with a prolonged fever or other common symptoms of the condition. This consultation should be conducted over the phone or via telemedicine platforms.

If an emergency, do not hesitate to call 911 for immediate assistance and for guidance on visiting a nearby emergency room.

For additional information about the condition and/or to learn how to have your child evaluated for MIS-C or tested for COVID-19, contact 311 and/or the New York State Department of Health (NYSDOH) COVID-19 Hotline at 1-888-364-3065.

*Information current as of May 27, 2020